

THE LIMESTONE CHRONICLE

THE NEWSLETTER OF

LIMESTONE PRESBYTERIAN CHURCH

WILMINGTON, DELAWARE

June 2009



JUNE: Dates to Remember

Monday, June 1

7PM Session Meeting

Sunday, June 7

Trinity Sunday

Prayer Shawl Dedication

Saturday, June 14

Christian Education Sunday

Summer Worship Schedule Begins at 10 AM
Church Picnic & Picture following Worship

Wednesday, June 17

Mission Speaker from Russia

Friday, June 19

Limestone Night at Blue Rocks Baseball

Saturday, June 21

Fathers Day/ First Day of Summer

Sunday, June 28

Celebration of Gifts of Women

Pentecost is May 31st

On Pentecost they gathered
quite early in the day,
a band of Christ's disciples
to worship, sing, and pray.
A mighty wind came blowing,
filled all the swirling air,
and tongues of fire aglowing
inspired each person there.

The people all around them
were startled and amazed
to understand their language,
as Christ the Lord they praised.

What universal message,
what great good news was here?

That Christ, once dead,
is risen to vanquish all our fear.

God pours the Holy Spirit
on all who would believe,
on women, men, and children
who would God's grace receive.

That Spirit knows no limit,
bestowing life and power.

The church, formed and reforming,
responds in every hour.

O Spirit, sent from heaven
on that day long ago,
Rekindle faith among us
in all life's ebb and flow.

O give us ears to listen
And tongues aflame with praise,
So folk of every nation
Glad songs of joy shall raise.

1981 Jane Parker Huber

The Presbyterian Hymnal, No. 128

THE LIMESTONE CHRONICLE

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Ministers: Every Member of the Church

A Note from Our Pastors:

There are all kinds of good books to read this summer. We recommend the all-time best seller, the Bible. It is ultimately a love story—God loving, forgiving, guiding and caring for humanity and creation.

Our favorite translation of the Bible is the one in the Limestone pews, the *New Revised Standard Version*. Another good translation is the one we present to the Third Graders each Fall, the *Contemporary English Version*; this translation is also very good for adults. It is helpful to read the Bible in a variety of versions to get new insights. A third version of the Bible that we love is *The Message*, by Eugene Peterson. He was the founding pastor of the Christ Our King Presbyterian Church in Bel Air, Maryland in 1962 and continued to serve there until he retired in 1991. Two years into his retirement he published the first part of his personal version of the Bible. In his preface, Peterson states the reason *The Message* was written:

“While I was teaching a class on Galatians, I began to realize that the adults in my class weren't feeling the vitality and directness that I sensed as I read and studied the New Testament in its original Greek. Writing straight from the original text, I began to attempt to bring into English the rhythms and idioms of the original language. I knew that the early readers of the New Testament were captured and engaged by these writings and I wanted my congregation to be impacted in the same way. I hoped to bring the New Testament to life for two different types of people: those who hadn't read the Bible because it seemed too distant and irrelevant and those who had read the Bible so much that it had become 'old hat.'”

Look at the following passage in your Bible at home—whatever translation you enjoy reading--and then compare it to Peterson's version in *The Message*. See how Paul's familiar message to the Corinthian church, and to us, can speak to you in a new way (I Corinthians 13):

¹ If I speak with human eloquence and angelic ecstasy but don't love, I'm nothing but the creaking of a rusty gate. ²If I speak God's Word with power, revealing all his mysteries and making everything plain as day, and if I have faith that

says to a mountain, "Jump," and it jumps, but I don't love, I'm nothing. ³⁻⁷If I give everything I own to the poor and even go to the stake to be burned as a martyr, but I don't love, I've gotten nowhere. So, no matter what I say, what I believe, and what I do, I'm bankrupt without love.

Love never gives up.
Love cares more for others than for self.
Love doesn't want what it doesn't have.
Love doesn't strut,
Doesn't have a swelled head,
Doesn't force itself on others,
Isn't always "me first,"
Doesn't fly off the handle,
Doesn't keep score of the sins of others,
Doesn't revel when others grovel,
Takes pleasure in the flowering of truth,
Puts up with anything,
Trusts God always,
Always looks for the best,
Never looks back,
But keeps going to the end.

⁸⁻¹⁰Love never dies. Inspired speech will be over some day; praying in tongues will end; understanding will reach its limit. We know only a portion of the truth, and what we say about God is always incomplete. But when the Complete arrives, our incompletes will be canceled.

¹¹When I was an infant at my mother's breast, I gurgled and cooed like any infant. When I grew up, I left those infant ways for good. ¹²We don't yet see things clearly. We're squinting in a fog, peering through a mist. But it won't be long before the weather clears and the sun shines bright! We'll see it all then, see it all as clearly as God sees us, knowing him directly just as he knows us!

¹³But for right now, until that completeness, we have three things to do to lead us toward that consummation: Trust steadily in God, hope unswervingly, love extravagantly. And the best of the three is love.

Happy summer reading!

Grace and Peace,

Bruce and Carolyn

Church School News

By Carolyn Gillette

Pentecost Sunday, May 31st at 11:00 a.m. Confirmation Class Will Be Received Into Membership: Join us as members of this year's Confirmation Class will affirm their faith in Jesus Christ, and their intention to love him and serve him as faithful disciples. They will promise to be active members of the church, which means participating regularly in worship, education, fellowship and service. Confirmation Class members this year are **Stephen Barthlow, Charles Collins, Lauren Conley, Devin Conolly, Sarah Gillette, Ian McCombie, and William Trotman.** A reception will follow the 11:00 a.m. worship service.

Pentecost Sunday, May 31st at 11:00 a.m. Recognition of Graduates: Also at the 11:00 am. Worship service, Limestone Church will honor those students graduating from high school, college, or graduate school. Please notify the church office if you are graduating this Spring.

Pentecost Sunday, May 31st at 11:00 a.m. Joseph William Fulginiti, infant son of Bob and Amber Fulginiti, will be baptized.



June 14th at 10:00 a.m.: Christian Education Sunday: Children will lead worship, provide special music, and receive attendance awards. Teachers and volunteers will also be recognized for their service in our Church School. There will be one worship service at 10:00 a.m., followed by a church-wide photo and the annual church picnic. Join us!

Craft Supplies Needed for Vacation Bible School: Please consider donating some of the following items for use in VBS craft activities in late July. Thank you!

- Sturdy paper plates, 8-12" in diameter, or card stock
- Small to medium size smooth rocks (these will be painted by kids)
- Clear, acrylic spray paint to finish our painting projects
- Felt
- Sand paper, large pieces, 5" x 8" or 8" x 12"

Vacation Bible School will be the week of July 27-31 for children ages three through ten. This year's theme is "Discovery Canyon: Explore the Wonders of God's Word!" The registration form is in this issue of the *Chronicle*. Additional copies of the VBS registration form are available in the church office. Completed forms may be returned to the church office.

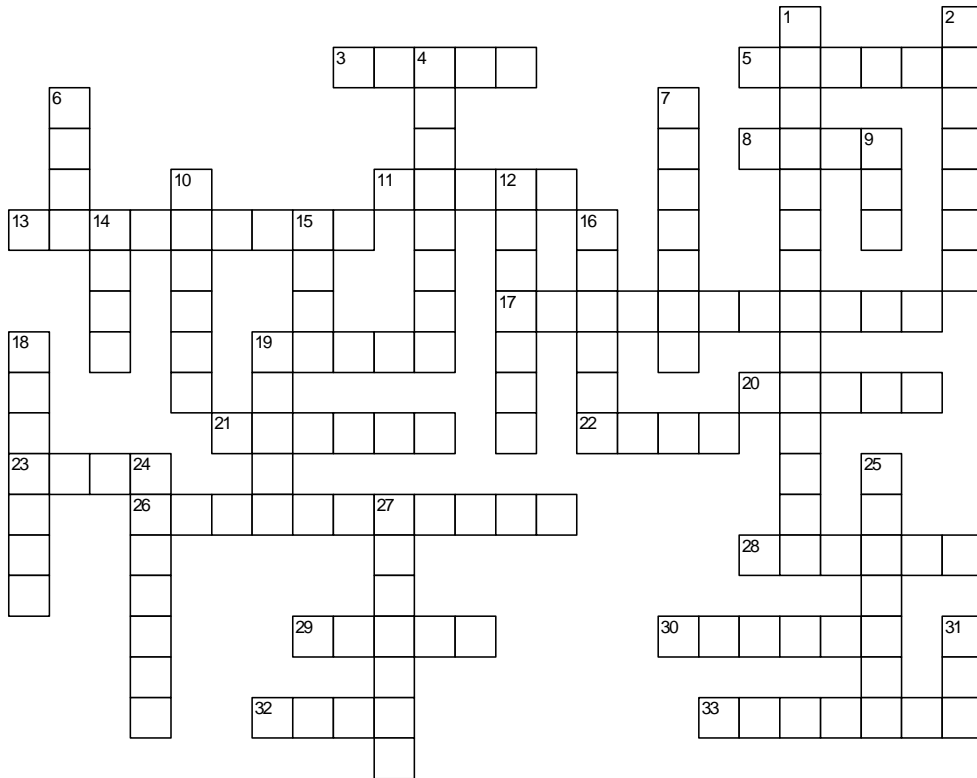


Volunteers are Needed for Vacation Bible School: Limestone Church has been blessed with many wonderful youth and adult volunteers for VBS in 2009, but we could still use a few more. Contact Carolyn Gillette at 994-5646 if you are interested in helping out.

Summer Church Camp at Johnsonburg: Join children and youth from Limestone Church and many other churches for a week of summer camp. Activities include Bible study, swimming, cooking out, campfires, games, archery, low ropes or high ropes, and much more. There are times of organized fun, and times to just hang out with friends, new and old. For more information on sending your child or youth to a week (or more) of church camp, go to www.campjburg.org or contact Pastor Carolyn Gillette. Scholarships are available; every Limestone child who wants to go to camp should be able to go.



Fathers, Sons and Brothers in the Bible



Crossword Puzzle by Bruce Gillette (c) 2008 based on the NRSV Bible

Across

- 3 The son blessed by Issac instead of Esau (Genesis 27:30-40)
 5 Cain asks if he is his brother's ____ (Genesis 4:9)
 8 How many of Jesus' brothers are named in the Bible (Matthew 13:55)
 11 On Palm Sunday, the crowds shouted "Hosanna to the son of ____" (Matthew 21:9)
 13 John the Baptist's father (Luke 1:59-63)
 17 Jesus wanted to stop his Father's house from being made into a ____" (John 2:16)
 19 Moses' brother who could speak fluently (Exodus 4:14)
 20 The Lord's brother (Galatians 1:19)
 21 What the father did to the prodigal son when he returned home (Luke 15:20)
 22 What the first man was formed from (Genesis 2:7)
 23 Leave your ____ there before the altar and go; first be reconciled to your brother or sister (Matthew 5:24)
 26 Jesus told the Parable of the Rich Fool when brothers wanted this divided (Luke 12:13-21)
 28 Simon Peter's brother (John 1:40)
 29 What one of the Ten Commandments says to give one's parents (Exodus 20:12)
 30 Jacob's favorite son who was sold into slavery by his brothers (Genesis 37:12-36)
 32 "There is no longer Jew or Greek, there is no longer slave or free, there is no longer ____ and ____ female; for all of you are one in Christ Jesus" (Galatians 3:28)
 33 The son of David who built the first Temple (I King 6)

Down

- 1 God has "given us the ministry of ____" (2 Corinthians 5:18)
 2 "Whoever does the will of my Father in Heaven is my ____ and sister and mother" (Matthew 12:50)
 4 "If any one is in Christ, he is a new ____" (2 Corinthians 5:17)
 6 "____ the family of believers" (1 Peter 2:17)
 7 The fishing disciples' father (Matthew 4.21)
 9 What Abraham sacrificed instead of Issac (Genesis 22:13)
 10 "One God and ____ of all, who is above all and through all and in all." (Ephesians 4:6)
 12 Abraham's first son (Genesis 16:15)
 14 The first son (Genesis 4:2)
 15 What Jesus called his Father when he prayed at Gethsemane (Mark 14:36)
 16 What Issac and Ishmael did together for Abraham (Genesis 25:9)
 18 What Abraham did when God said he would have a son by Sarah (Genesis 17:17)
 19 How does God's love ____ in anyone who has the world's goods and sees a brother or sister in need and yet refuses help? (1 John 3:17)
 24 An early Christian who Paul says has "a faith that lived first in your grandmother Lois and your mother Eunice" (2 Timothy 1:5)
 25 Father of us all (Romans 4:16)
 27 Jesus' disciples James and John are called the "Sons of ____" (Mark 3:17)
 31 What Jesus on the cross told Mary that the beloved disciple would be for her (John 19:26)

What's Happening at Limestone



Limestone's Community Garden Individual and family plots are available; please share this news with your friends and neighbors. Please contact Deacon Mike Forry (737-0738) or meforry@verizon.net if you would like to help with our church's community garden. Thank you!

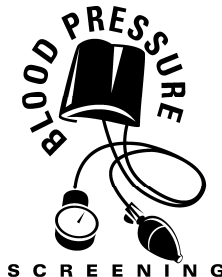
June 14th Church-wide Picnic and Congregational Photo

Plan to be part of our congregational photo taken immediately after the 10:00 a.m. worship service in the sanctuary. Come to church dressed for the picnic where there will be lots of fun, food, fellowship—and bring your friends. Hot Dogs, hamburgers, and drinks will be provided. Bring a salad or dessert to share and a chair to sit in. Optional games for all ages will be available. There will also be an electric car (see below).



Blood Pressure Screenings

After each worship service in the library. Take advantage of this important health screening each Sunday. There will also be materials available with information about good blood pressure readings and the causes of high and low blood pressure.



UD's Electric Car (V2G) - Back by Popular Demand!

Jon Lilley, a Limestone Presbyterian working on his PhD at UD, is bringing University of Delaware's electric car to Limestone for the June 14th church-wide picnic. It was very popular when Jon brought it for a February 8th adult class at Limestone and gave people rides on Limestone Road (the car is very comfortable, very fast and amazingly quiet). Electric-drive vehicles, whether powered by batteries, fuel cells, or gasoline hybrids, have within them the energy source and power electronics capable of producing the 60 Hz AC electricity that powers our homes and offices. When connections are added to allow this electricity to flow from cars to power lines, we call it "vehicle to grid" power, or V2G. Cars pack a lot of power. One typical electric-drive vehicle can put out over 10kW, the average draw of 10 houses. The key to realizing economic value from V2G is precise timing of its grid power production to fit within driving requirements while meeting the time-critical power "dispatch" of the electric distribution system. Learn more about it at www.udel.edu/V2G



Music, Youth & More!

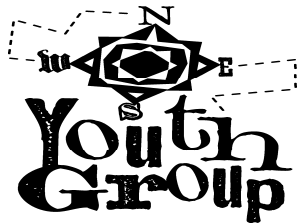


Thank You for Your Support of Limestone's Musical

Thank you to everyone who participated in and came to *The Castaways* musical at Limestone Presbyterian Church! Thanks to all of your kind contributions, we raised enough money to cover all the costs for the musical. The offerings from the musical totaled \$2218.10 and are being sent to Meeting Ground to support its important ministry.

Come sing in Limestone's Pick-Up Choir this summer - All ages.....

no experience necessary! During the summer, Limestone's Chancel Choir does not hold Thursday evening rehearsals. Instead, we sing once a month as a "pick-up" choir. We will meet in the choir room at 9:00am, practice, and then sing for that morning's worship service. This summer, the "pick-up" choir Sundays will be July 12th and August 16th. We hope to see you there!



Presbyterian Scholarship

Catherine Gillette has been selected as a College of Wooster recipient of the National Presbyterian College Scholarship for 2009-10. Students in this program are awarded up to \$1400 per year depending on financial need. The College of Wooster shares the financial responsibility for the award with the Presbyterian Church (U.S.A.). We hope that you join us in appreciation of this expression of The College of Wooster's commitment to the mission of the church to nurture Presbyterian leaders. The award is renewable for up to three additional years.

Catherine is an outstanding adult who we are pleased to honor in this competitive program.

To find out more about this scholarship go to www.pcusa.org/nnpcw/scholarships

Youth at Limestone

Middle High Group will have an end of the year celebration on June 6 at 4:00pm.

Senior High Group are done for the summer!

Have a great Summer!!! We will start back up in September. Do not forget about Vacation Bible School the week of July 27th for those who will be around.

Jill Cilmi 753-9610

and

Karen Cratz 368-5630



Attention Youth! Help Limestone help those in need with Fresh Vegetables this Summer! Look for more information on the Community Garden in this newsletter.





Limestone Presbyterian Women

Women's Spring Retreat

The sun was shining brightly on Friday, April 24 as twelve Limestone women headed for their Annual Retreat Weekend at Brighton Suites in Rehoboth. Rev. Mary Jo Dean inspired us with her bible study as did Linda Wardell with her music. Rev. Dean is a PCUSA pastor and chaplain currently serving Bethany Methodist Church in Berlin, Maryland. Participants had a choice of two of four workshops that informed us and got us thinking. The highlight of Saturday evening was music by our own Living Waters group. The retreat in 2010 is again scheduled for Brighton Suites for the weekend of April 23-25. Mark your calendar and come join us for a spirit filled time with many fun things to do. We hope to see you there!



Cookies for Meals on Wheels

Once again, LPW will be supplying cookies or other desserts on Tuesdays in July for Meals on Wheels. Volunteers are needed. There will be sign-up sheets on our bulletin board.

Circle Notes

Join us for fellowship and learning each month!

Esther Circle—Will meet for lunch on Tuesday, June 9, place and time to be determined. Circle Leader: Ruth Smith 668-5997

Deborah Circle—Will meet on Wednesday, June 10 at 9:15 a.m. in the Library. They will work on clothing sale tags and have a potluck brunch afterwards. Circle Leader: Gail DeAngelo 892-9707 (babysitting is available)

Judith Circle— Will meet on Wednesday, June 17 at 6:30 p.m. at the home of Bobbi VanPelt (737-9161) for a potluck supper. Co-leaders are: Mary Kimball 731-7961 & Carolyn Allen 994-1819.



Limestone Men's Ministry

Band of Brothers - No man left behind

I attended the Bi-Annual National Presbyterian Men's Ministry (NPMM) Conference in Denver, Co April 17-19. I arrived just in time for a major spring snow storm that dumped three to four feet of snow in the Rockies. My hotel was located on the fringe of the storm and we got between six to eight inches of snow which eventually turned to all rain.

The NPMM moved to Bi-Annual meetings a couple of years ago because they could not justify annual gatherings. They also changed their name to help clarify their mission to minister to men in the name of Jesus Christ. The Conference theme was "**Challenges facing men in the 21st Century**". One of the speakers was the Rev. Jerry Cannon of C.N. Jenkins Memorial Presbyterian Church in Charlotte, NC. Jerry is a friend of Limestone Men. He was the speaker at our Communion Breakfast in 2007. As always, Jerry had a spiritually uplifting talk.

Other news: Buddy Brown and Bob Vander Decker, of Limestone's Building and Grounds Committee, has initiated a new program to upgrade the church facility by tackling small manageable projects. The first project to be completed is the Klair Hall stage upgrade. The stage now has a new clean look and is definitely more user friendly. The upgrade also includes dressing up the front wall with new wainscoting and chair rail plus crown molding. New ceiling tiles were added to replace the dingy tiles above the front of the stage. All of the labor was provided by Buddy Brown, Bob Vander Decker, Bob Rudisill, Steve Reilly, Phil Hickman and myself.

Buddy and Bob have developed a book of "Scopes of Work" for other Limestone projects. **If you have interest in helping and/or contributing financially to the pending projects please see Buddy or Bob.**

'I tell you this: no sin, no slander, is beyond forgiveness for men; but whoever slanders the Holy Spirit can never be forgiven; for he is guilty of eternal sin.' Mark 3: 28-29

In Jesus Christ,

Ron Crick – Limestone Men's Ministry Leader

June 11th Steering Committee Breakfast meeting

June 13th 8:00 a.m. Monthly Meeting Place to be determined

July 11th 8:00 a.m. Monthly meeting, Picnic Breakfast at Brandywine Springs

July 17th-19th, 2009 Mid Atlantic Synod Presbyterian Men's Conference, Massanetta Springs, Harrisonburg, VA

Food Closet



Your Donations are Needed
and
Don't Forget Your
Zingos and Acme Sales Slips!

Emmanuel Room

We are always in need of Cookie Bakers, Turkey Cookers and Food Servers!

Contact Kris Taylor
302-834-3526
for information.

The Comfort Shawl Knitting Ministry

The next meeting of the Comfort Shawl Ministry will be on Wednesday, June 24, 2009 from 1:00 - 2:30 p.m. in the church library. If you knit or crochet or want to learn how come and join us and see what we're about.

You would be interested to know that we have received several donations so that I have bought extra yarn or you could be reimbursed for yarn you have bought. I'll bring some of the yarn to the meeting so you can have a look. Any questions - just give me a call at 731-0515. Ann Thomas



Deacons' Corner

Board of Deacons Officers for 2008
Moderator-Kris Taylor,
Vice-Moderator-Mike Casale,
Treasurer-Mike DeAngelo,
Secretary-Carolyn Allen.

Your Board of Deacons is pleased to see the Limestone Community Garden progress. Deacon Mike Forry led volunteers in erecting the deer fence and getting the ground ready for planting. Thanks to all who have helped. We look forward to producing a bumper crop of produce to share with Limestone Food Closet and the congregation.

Emmanuel Dining Room provided a hot lunch to 182 people on our serving day of April 24th. Be sure to check out the sign-up sheets in the narthex to see how you can be a part of this vital ministry. Food Closet is grateful for the generous contribution of goods and dollars that enable Limestone to continue to offer staples as well as food and gas coupons to those in need. Judging by the large number of bags in the narthex on May 17th the drive to benefit the Clothing Bank was a major success. Your generosity also enables us to distribute funds to assist people with their rent and utility bills.

Your donations of funds, time and goods that allow the Deacons to pursue our projects are much appreciated.

Carolyn Allen

If God is your Co-pilot - swap seats!

Baptisms

5/10/09 Gary Frank

5/31/09 Joseph William Fulginiti

6/14/09 Jason Andrew Joachim Lentz

Weddings

Amanda Cathleen Cardillo and Scott Theodore Riffert were married on Saturday, May 16, 2009 at Limestone

Memorials

A gift to the Memorial Fund has been given in memory of William Sayres from Mr. & Mrs. Edward Moffitt

New Members

William Bergstrasser & Denise Cybak & Sebastian
Anna Davis
Norm & Gayle Davis
Gary Frank
Bob & Amber Fulginiti & Joseph
Meghan Gloyd
David & Lisa McClure & Eric, Kristi,
Alex & Heather
Kim Stone-Weiss & David
Yvonne Swinson
Sharon and Steve Vandiver & Caitlin Rose

June Birthdays

- 1 Matthew McLean
Robert McLean
Kyle Lentz
- 2 Duke Detjen
James McNinch IV
- 3 Zachery Martin
Jay Jones
Annette Schaumann
Eugenia Timmer
- 4 Dorine Houston
- 5 Anne Camilli
Michelle Streifthau
- 6 Gail Bobish
Caroline Putscher
Emily Putscher
- 7 Faye Taylor
- 9 Donna Leckie
Ryan Steckline
- 10 Holly Schaeffer
Brad Wickersham
- 14 Brittany Dean
Elwood Eveland
- 15 Doug Tipton
- 17 John Chromy, Jr.
- 18 Yvonne Tipon
Peggy Marsico
- 19 Debra Bermingham
Joseph Bermingham
Eric Eveland
Leah Jonczyk
- 20 Lee Ann Connolly
Caroline Koriakin
- 21 David Smith
Kyle Scott
- 22 Emma DeAngelo
Joseph DeAngelo
Abigail Steele
- 23 Lauren Connolly
Julia Szymanski
- 24 Helen Chandler
Ron Freeman
Jon Lilley
- 25 Wayne Warner
- 26 Lance Hurtt
John Smagala
- 27 Morita Greist
- 28 Stephen Barthlow
- 29 Betty Smith
Mary Verbanas
- 30 Sarah Marshall
Bethany Twardowski
Jacob Watts

Summer Opportunities to Learn and Grow



Bible Study

Pastor's Bible Study on Mondays

You are invited to a Bible study on Monday mornings, 11:00 a.m. to Noon, in our church library.

We are looking at the lectionary

text; the assigned readings from the Bible for each Sunday.

The discussion is led by the Pastor (Bruce or Carolyn) who will be preaching the next Sunday. You can come weekly or whenever it works for your schedule; no prior Bible study experience is needed. Join us for this time of prayer, study and fellowship together!

Letters

Dear LPC Members.

Though my faith and hope have certainly been "tested" during the past few weeks, your many acts of kindness and support have all been invaluable sources of sustenance. Your abundant basket of sweet, luscious fruits provided many days of nourishment for both Bill and me. We enjoyed it immensely.

Again, thanks ever so much for being such a compassionate congregation, and for helping me in so many ways to "Keep the faith" and "Keep Hope Alive."

Blessings to all of you,

Yvonne Fleming

June Lectionary

Lord, open our hearts and minds
by the power of your Holy Spirit,
that as the scriptures are read
and your Word is proclaimed,
we may hear with joy what you say to us
today. Amen

Sunday, June 7 (Trinity Sunday)

Isaiah 6:1-8

Psalm 29

Romans 8:12-17

John 3:1-17

Sunday, June 14 (11th Sunday in Ordinary Time)

1 Samuel 15:34-16:13

Psalm 20

2 Corinthians 5:6-10 (11-13) 14-17

Mark 4:26-34

Sunday June 21 (12th Sunday in Ordinary Time)

1 Samuel 17 (1a, 4-11, 19-23) 32-49
and

Psalm 9:9-20; or 1 Samuel 17:57-18:5,
10-16 and

Psalm 133

2 Corinthians 6:1-13

Mark 4:35-41

Sunday June 28 (13th Sunday in Ordinary Time)

2 Samuel 1:1, 17-27

Psalm 130

2 Corinthians 8:7-15

Mark 5:21-43



Have you
remembered
the Church
in your will?

Putting Your Faith into Action: Food

Recently at church, a discussion group studied *Global Food: Global Good, a Thoughtful Christian* resource that looks at ethical issues related to food production and distribution. Many in our congregation have been working hard on the church's Community Garden. All of us consume food every day. The following prayer/meditation on the theme of food is from a wonderful book, *Go Green, Save Green: A simple guide to saving time, money and God's green earth*, by Nancy Sleeth. This book is full of stories, ideas and suggestions for faithful, green living.

“Dear heavenly Father, I thank you for the abundance of food at my table, and I ask that you plant a grateful seed in my heart. May we encourage each other to become bold servants of all creation, overcoming temptations that keep us from doing what we know to be right. May we be faithful in little things, and thus be worthy of greater things. Dear Lord, please come and dwell in our hearts so that we may be a light to all, sharing your blessings equally with all our global neighbors.”

Lord, help me today to:

- Say a prayer before meals, not out of routine but out of genuine thankfulness
- Read Matthew 15 to be reminded that Christ cares for our physical and nutritional needs
- Eliminate meat from at least one meal
- Replace a bottled or canned drink with tap water
- Save leftovers instead of throwing them away, and eat them later

Lord, help me this week to:

- Involve my family in planning and preparing in-season meals
- Replace at least one restaurant meal with a home-cooked meal
- Purchase cloth grocery bags and use them in place of paper or plastic
- Shop from a grocery list and avoid impulse purchases
- Increase my organic food purchases by at least 10 percent
- Cook at least one meatless dinner for my family
- Compost my food scraps to significantly reduce my household waste
- Learn about soup kitchens and food redistribution systems in my area

Lord, help me this month to:

- Buy produce in season
- Support farmers' markets and small grocers
- Purchase food in bulk
- Avoid individually wrapped items
- Consider how far a food item has traveled before I buy it
- Share my table with others

Lord, help me this year to:

- Stop drinking bottled water and buy a filter instead
- Plant a vegetable garden and share the produce with others
- Find local sources for eggs, honey, meat, and produce
- Plan most meals around in-season foods
- Abstain from a less-than-ecologically-sound food during Lent
- Avoid fast-food restaurants
- Avoid food packaged in containers that cannot be recycled
- Volunteer at a soup kitchen or food redistribution center
- Use the money I save to help end hunger through church or charitable organizations

The Russians are Coming?! June 17th at Limestone

Join us on Wednesday, June 17th, at 7:00 p.m. to hear a report from recent travels (May-June) in Russia and Siberia. Donald Marsden is an ordained minister of the PCUSA and an associate director of Presbyterian Frontier Fellowship. From 1997-2008 he and his wife Laurie served as mission co-workers with the Presbyterian Church (USA) in Russia. Donald and Laurie are good friends of Bruce and Carolyn Gillette (they were in each other's wedding parties). As an associate director of PFF Donald continues to be involved in efforts for the evangelization of the unreached people groups of northwestern Siberia. He is the founder of Narnia Educational Center in Moscow, Russia, an interdenominational non-profit organization dedicated to producing Russian language literature for Christian Education and for training Christian leaders and teachers. Before serving in Russia, Donald served from 1979-1981 as a youth worker in West Berlin, Germany, from 1984-1989 as pastor of Logan's Ferry Presbyterian Church in New Kensington, PA and from 1989-1997 as associate pastor for Christian Education at Third Presbyterian Church in Richmond, VA. The Marsdens have three children. Hannah, age 23, is a graduate of Asbury College. Christiana, age 21, is a junior at Gordon College, now studying in Beijing. Jeremiah, 17, is a junior in high school at Freeman High School in Richmond, VA. If you would like to read more about Donald's work in Russia, please see www.pcusa.org/missionconnections/profiles/marsdend.htm

Limestone Night at Blue Rocks Baseball Game will be Friday June 19th, a fireworks night. Contact our church office, 994-5646, for details and to sign up for tickets for this fellowship event.



Your Help is Needed!

Have you ever been to a foreign country or wished that you had? You can experience a taste of that by hosting an AFS international exchange student for a brief stay from June 28 to June 29.

Roger and Paula Cooper have been associated with AFS since 1990 when they hosted their first AFS son from the Dominican Republic. They went on to host a total of 7 AFS students. They now have been placing students in families as District Representatives since 1998.

At the end of the stay students leave their host families and spend two days and one night with another family. This is a time to reflect on their year abroad and get prepared for returning to their own countries. Usually there are a few activities for the students. The family needs to provide a place to sleep, breakfast, dinner and a breakfast. Usually 2 students are placed together for this short stay. Both pick up and drop off will be at Limestone Presbyterian Church.

Won't you please help these students by opening your home to them for this brief stay? Who knows, you might decide you want to host a student for the school year!!

Please contact Roger and Paula Cooper at 239-1861 if you are able to help.

*Helping to bring world peace one person at a time.
Walk together; talk together.*

Vacation Bible School Registration

“Discovery Canyon: Explore the Wonders of the Word!”

For children ages 3 through 10 years old

Monday, July 27 – Friday, July 31, from 9:00 a.m. to Noon

Suggested donation is \$10.00 per child / \$25.00 per family maximum;

Checks may be made payable to Limestone Presbyterian Church and designated “VBS.” All children are welcome to attend whether or not their families make a donation.

Child’s Name _____

Parent/Guardian Name _____

Address _____

E-mail Address _____

Phone Numbers Home _____ Cell _____ Work _____

Age Information:

Date of birth _____ Age _____

Last School Grade Completed _____

Home Church _____

Allergies/Medical Information/Other _____

Emergency Contact - Name _____ Phone _____

Dismissal Information

Name(s) of person(s) who may pick up this child from VBS each day

Photo Release: Can your child be photographed and the picture (without a name) appear in church news articles in print and on the Internet? (Circle one) Yes No

Other Information (church use only)

Are parents helping with VBS _____ If so, in which area _____